



**Vocabulary you will know...**

Hazard	Something that could be dangerous.
Risk	Something that could be dangerous.
Emergency	A situation that is a risk to health or the environment.
First Aid	Assistance that is given to someone who is injured or needs help.
Consent	Giving someone a choice about contact or actions and accepting their answer.
Boundaries	How emotionally close you allow people to get to you.
Acceptable	Allowed or agreed.
Unacceptable	Not allowed or not agreed.
Consequences	A result based on an action.
Permission	Being allowed.
<b>Online vocabulary</b>	
Unfriend	Removing a friend from an online platform.
Block	Stopping any contact from someone online.



**Key Learning**

- ✓ I understand how to predict, assess and manage risks in different situations.
- ✓ I understand strategies on how to keep safe in the local environment.
- ✓ I can demonstrate basic techniques for dealing with common injuries.
- ✓ I know how to respond in an emergency situation
- ✓ I understand privacy and personal boundaries.
- ✓ I can recognise acceptable and unacceptable physical contact.
- ✓ I understand what is meant by seeking and giving permission
- ✓ Identify strategies for balancing time online/offline.
- ✓ Recognising ways in which the internet can be used both positively and negatively.
- ✓ Identifying strategies to be safe online.

**How to stay safe online**

**8 tips to stay safe online**

- 1 Be nice to people online.
- 2 Take care with what you share.
- 3 Keep personal information private.
- 4 Check your privacy settings.
- 5 Know how to report posts.
- 6 Keep your passwords safe.
- 7 Never meet anyone in person you've only met online.
- 8 If you see anything online that you don't like or you find upsetting, tell someone you trust.

**Emergency Services**

In an Emergency call

**999**

ask for either

