

PE Overview at Mickleover Primary School

2021/2022

	Lesson	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn	1 (Outdoor)	Fundamentals	Net and Wall	Invasion Games	Net & Wall OAA Team Building	Net & Wall Orienteering	Basketball Football	Orienteering Netball
	2 (Indoor)	Gymnastics – Jumping Jacks and Rock and Roll Dance – Seasons (Aut/Winter)	Dance – Animals in the Jungle Gymnastics – Traditional Tales	Gymnastics – Landscapes and City Scapes Dance - Colours	Gymnastics Dance Traditional country dancing	Gymnastics Dance Swimming(1/2) Colours and emotion	Gymnastics Dance WWII (own planning)	Gymnastics Fitness
Spring	1 (Outdoor)	Fundamentals	Invasion Games	Net & Wall Skipping	Invasion Games	Invasion	Rugby Move & Learn	Hockey Rounders
	2 (Indoor)	Gymnastics - Jumping Jacks and Rock and Roll & Gym in the Jungle Dance – The Sea	Fitness Gymnastics – Traditional Tales/Animals	Gymnastics – Under the Sea Dance – Myself & My Body	Gymnastics Fitness	Gymnastics Dance Swimming(1/2)	Fitness Dance Water (own planning)	Gymnastics Dance Oliver
Summer	1 (Outdoor)	Fundamentals Athletics	Striking and Fielding Athletics	Striking & Fielding Athletics	Striking & Fielding Athletics	Athletics Striking & Fielding	Athletics Cricket OAA residential	Tennis Athletics

This curriculum overview is a working document and can be adapted by individual teachers based on class needs.

	2 (Indoor)	Gymnastics - Gym in the Jungle Dance – Minibeasts (Let’s Move)	Gymnastics – Animals Dance - Toys	Fitness Dance – Seasons (Spring/Summer)	Gymnastics Dance Waves	Gymnastics Dance Swimming(1/2)	Gymnastics Dance – Spanish Dancing	Gymnastics Dance Space (TBC)
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