

SPRING TERM 2017

FREE parent workshops

for families with children with additional needs in Derby

Derby Specialist Teaching and Psychology Service invites you to attend a FREE workshop delivered by the charity Contact a Family. Meet with other parents and carers in similar situations and learn some tips to take away.

Booking Essential

LIMITED SPACES

For more information and to book your place at the workshops please contact

Derby Steps

01332 641400

stepsadmin@derby.gov.uk

Venue

St Martin's School
Derwent Campus
Bracknell Drive
Alvaston
DE24 0BR

Sleep Workshop

Tuesday 7th February 2017 - 4.00pm to 5.45pm
St Martin's School, Alvaston.

Develop an understanding of sleep and sleep problems
Understanding the impact of poor sleep
Strategies to help with better sleep
Getting support and help

Moving to Adulthood Workshop

Tuesday 7th March 2017 - 4.00pm to 5.45pm
St Martin's School, Alvaston.

Preparing and planning with your young person in
Education, Training and in the Community
An overview of the process
Tools to help

Education Workshop

Tuesday 4th April 2017 - 4.00pm to 5.45pm
St Martin's School, Alvaston.

Understand the system of support for children with special educational needs and disability in schools and colleges.
Find out if your child is eligible for extra support.
Information on EHC plans.

contact a family
for families with disabled children

STEPS
Specialist Teaching and Psychology Service

